



Valley East Minor Hockey Association
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PLAYERS PLEDGE

It is the intention of this pledge to promote proper behavior and respect for all participants within the Valley East Minor Hockey Association. All players must sign this pledge before being allowed to participate in hockey and must continue to observe the principles of Fair Play.

PLAYER CODE OF CONDUCT

1. I will play hockey because I want to, not because others or coaches want me to.
2. I will play by the rules of hockey and in the spirit of the Game.
3. I will respect my opponents.
4. I will do my best to be a true team player. Will not put down, make fun or demoralize a teammate. Bullying/cyber bullying will NOT be tolerated.
5. I will attend all practices. Listen, work hard and give it my all during practices.
6. I will remember that winning isn't everything-that having fun, improving skills, making friends and doing my best are also important. We win as a team and lose as a team.
7. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.
8. No swearing or abusive language on the bench, in the rink, or at any team function.
9. No lashing out at any official no matter what the call is. The coaching staff will handle all matters pertaining to officiating.
10. Anyone who receives a penalty will skate directly to the penalty box.
11. Fighting will not be tolerated. Fighting will result in disciplinary action.
12. There will be no drinking, smoking, chewing of tobacco, vaping or use of illegal substances at any team function.
13. Any player or team official who cannot abide by these rules or violates them will be subject to further disciplinary action.

I agree to abide by the principles of this CODE as set and supported by the Valley East Minor Hockey Association.

I also agree to abide by the rules, regulations and decisions as set for the Valley East Minor Hockey Association.

PRINT NAME _____ DATE _____

PLAYER'S SIGNATURE _____